



Matt Moran
head chef and co-owner,
Aria, East Circular Quay

what i ate,
what i cooked,
what i bought

1. BREAKFAST BY THE BEACH

I sometimes take the kids to Speedo's Cafe in North Bondi for breakfast before I drop them at school. My little girl, Amelia, always eats the sausage and eggs, while Harry always has the porridge. Speedo's would have to be the busiest cafe in Sydney and I'm not surprised – what a view they have of Bondi Beach.

2. SAGE ADVICE

Last Sunday, I was at home with the family, so I cooked up a roast chicken for dinner. I steamed it first, then finished it off by roasting it in the oven. I prepared a sage stuffing to go with it and served it with some confit roast potatoes and buttered spinach with garlic from Fratelli Fresh. If my kids' reaction is anything to go by, it was a successful meal as there was nothing left on their plates.

3. BOUTIQUE MEAT

I recently went to Victor Churchill in Woollahra. A butcher like this has certainly been a long time coming to Australia. I bought a piece of aged beef fillet. No one does aged beef better than Vic's. I took it home to cook it up, and I was a happy man.

Nina Karnikowski

Speedo's Cafe
126 Ramsgate Ave,
North Bondi,
(02) 9365 3622

Fratelli Fresh
7 Danks St, Waterloo, (02) 9699 3161;
81 Macleay St, Potts Point,
(02) 9368 6655; fratellifresh.com.au

Victor Churchill
132 Queen St,
Woollahra,
(02) 9328 0402